



## **TROUTVILLE LIONS CLUB NEWSLETTER**

### **13 SEPTEMBER 2010 MEETING**

**BOARD MEETING** - The meeting was called to order by President Helen Tippie with 9 board members present. LCI patches are \$2.50 and pins \$2.13. Lion Bill Brammer has asked clubs to respond if they like the pins. It was decided not to comment since members have not seen the pins. The Board decided to order 25 Red Circle calendars @ \$.80 each. It was announced that the Regional leadership Conference will be held at Valley Holiday Inn October 1- 3. Lion Bill Brammer is point of contact. Lion Bill Rader said apple butter stirrers are repaired and three days supply (about 60 cases) of applesauce has been reserved at \$14.50 a case. We will make apple butter at Lion Danny's place and Jack Sutliff will help with the gas supply. Lion Bill will arrange to borrow the dispenser again. The Fall Conference is October 8-9 and deadline for registration is September 30<sup>th</sup>. Lion Ken suggested we advertise speakers two weeks in advance in the Fincastle Herald to attract prospective members. Community fun day October 30<sup>th</sup> at Troutville Park will be an opportunity to sell apple butter, brooms, and umbrellas. It is the same weekend as White Cane.

**ANNOUNCEMENTS** - The regular meeting was called to order by President Lion Helen Tippie. Lion Bob Ellis led the pledge to our flag, Lion Ken led the singing of the song "America", and Lion Larry Roberts gave the invocation. The meal included bratwurst with sauerkraut, barbeque pig wings, squash, baked beans, coleslaw and assorted pastry deserts. Lion President Helen informed the members that she received "Thank you" notes from Lions Sight Foundation of Virginia Inc, Remote Area Foundation, Christian Free Clinic in Fincastle, Troutville Rescue Squad, and from Mary Cameron who received glasses. She discussed making apple butter three days straight October 14-16. White Cane will be conducted the last weekend in October. Lion Lewis Bourne conducted the 50/50 which was won by Lion President Helen who borrowed \$2 from Lion Chuck to play.

**PROGRAM** - Lion Chuck Kessler, Drug awareness Committee, introduced guest speaker Dr. Clark Andrews who spoke on substance abuse. In most cases drug consumption begins by the age of 12-13 in such forms as taking over-the-counter cough syrup, sniffing glue, and anything that might affect the body and make one feel different. In American there are about 15 million people dependent on alcohol of which 1.5 million are 9-12 years old. Children are experimenting and using not only alcohol but marihuana and cocaine. The number of abusers increases dramatically between elementary and middle school and high school age. Family history and genetics affect the number of people using and abusing substances. People who are depressed or have attention deficit disorder tend to experiment more. Peer pressure in the 9-18 year range has a great impact. Drugs affect the "reward" center of the brain which changes the perception of how one feels. The brain needs more and more drugs to receive the same reward. Virginia has a Virginia Prescription Monitoring Program where doctors can go to a site and enter a person's name, age and address to see their history, the doctors they have seen, pharmacies used to fill Rx, and details on prescriptions filled. Lion President Helen presented Dr. Andrews with a certificate of appreciation and a quart of our famous apple butter.

## **27 SEPTEMBER 2010 MEETING**

**ANNOUNCEMENTS** – The meeting was called to order by President Lion Helen Tippie. Lion Lewis led in the Pledge to our flag, Lion Leonard led singing the song America, and Lion President Helen gave the invocation. The members enjoyed a meal of tossed salad, vegetable beef soup, turkey/bacon club and ham/bacon club sandwiches. Dessert was pound cake with strawberries, prepared by Randy Marinetti. Lion Harvey conducted the 50/50 won by Lion Lewis Bourne. Lion Lewis reported on the upcoming apple butter event October 14-16 and signup sheets were passed around. Due to Lion Bill Rader's illness we may have to post-pone to November. We will make a final decision at the October 11<sup>th</sup> meeting. Lion Henry Amos' son Tim is going to pick up the apple sauce. Lion Sage Bassett reported White Cane is scheduled for October 29<sup>th</sup> and 30<sup>th</sup> for Hollins Kroger and Daleville Kroger. We will start Friday at 9am and end later than normal. Lion Everett auctioned off a blueberry crumble candle donated by Lion President Helen Tippie. Lion Susie won with an \$8 bid. Lion Susie has registration forms for this year's Fall Conference at the Valley View Holiday Inn October 7-9

**PROGRAM - Lion Sage Bassett of the Membership Committee introduced PDG Lion Jo Nelson who fills five cabinet posts for District 24E. Lion Jo said we should think of membership development like yard sales. Go early and go often. If you want the best you need to be there early. Look for people new to the community. Ask a lot of people and make a lot of calls. Talk about your club. Make the club visible to the community. Don't overlook anyone. Sometimes the best member is someone who you may be overlooking. When recruiting members keep them coming to meetings and working on projects. Don't recruit someone and then fail to have a plan to keep them active in the club. The club must have a usage plan in addition to a recruitment plan. If you don't use new members, you will lose them. Look at what you don't use anymore but still want to retain. Think about club members that way. Some members have had other distractions that kept them from being a perfect member in the past such as work, home, or church conflict. But things may change making them the perfect member. Don't throw away a member because things are not working out well now. The worst thing that a club can do is expect the Membership Committee to handle everything in regards to membership. Break up membership responsibilities. Have some members be responsible for recruiting, other members who can "sell" people on joining, and once they join have other members help keep the new recruit interested and participating in Lions. Let members who have been "burned" out know that the club understands they have limited time but ask them to help with just one project that they enjoyed or were good at to get them involved. Keep in touch with past members and keep them connected to the Lions. There are members out there to be recruited! Lord Botetourt is interested in having a Leo Club. This may be a good opportunity to get the parents interested in becoming Lion members. The formal program was followed by questions from members. At the end of the program Lion Sage presented PDG Jo Nelson with a jar of apple butter and thanked her for her excellent presentation.**

### **OCTOBER BIRTHDAYS**

**5 – Richard Merlau**

**17 – Daniel Humbert**



**PDG Jo Nelson**



**Lion Sage Bassett and PDG Jo Nelson**